

SOMETHING SPECIAL

Ask anyone: Kon-O-Kwee is more than fun; It's friends! There's magic in the memories as you summit Eagle's Nest, watch your first shooting star, catch the big one, get muddy, splash your counselor, and make friends and memories that last a lifetime.

At Kon-O-Kwee we don't manufacture "Fun". Fun is not our mission. Fun is what kids experience when we accomplish our mission. Every activity, every decision, every effort is purposefully designed for Kon-O-Kwee campers to experience:

Belonging

Accomplishment

Adventure

Leadership

Take a look; kids have benefitted from the Kon-O-Kwee magic since 1926. Here are the "nuts & bolts" of how we make it happen.



YMCA of Greater Pittsburgh

Double The Fun

Campers **Choose Their Own Adventure** in our NEW for 2011 Program Zones! Co-Ed Village sets are assigned a Program Zone each morning while campers choose 1, 2, or 3 of the following activities each time they visit the corresponding **zone**:

Juna & Gena (boys & girls age 7-9):

Windsong

Archery
Nature Crafts
Soccer
Ga-Ga

Foxtail

Air Rifles
Canoeing & Kayaking
Basketball
Fire Building

Moondance

Fishing
Shelter Building
Slingshots
Climbing Wall

Sena & Fawna (boys & girls age 10 & 11):

Windsong

Archery
Nature Crafts
Soccer
Ga-Ga
Environmental Adventure
Street Hockey

Foxtail

Air Rifles
Canoeing & Kayaking
Basketball
Fire Building
Creek Stomp
Jewelry Making

Moondance

Fishing
Shelter Building
Slingshots
Climbing Wall
Performing Arts
Ultimate Frisbee

Expa & Lora (boys & girls age 12 & 13):

Windsong

Archery
Nature Crafts
Soccer
Ga-Ga
Environmental Adventure
Street Hockey
Yoga
Frisbee Golf

Foxtail

Air Rifles
Canoeing & Kayaking
Basketball
Fire Building
Creek Stomp
Jewelry Making
Blacklight Ga-Ga
Dance Fever

Moondance

Fishing
Shelter Building
Slingshots
Climbing Wall
Performing Arts
Ultimate Frisbee
Volleyball
Knitting

Beyond Fun

Campers **Choose Their Own Adventure** each morning, but spending time with their cabin-mates, we believe, is crucial to a quality summer camp experience. Afternoons and evenings are packed with recurring activities, special events, and camp highlights built to create friendships. Take a look:

Ravenwing: Each Village visits the Low & High Ropes Course to take on the obstacles and Zip Line at 40' in the air! Obstacles include the Team Wall, Islands in the Sky, Explorers Ladder, Heebie-Jeebie, Acid River, Spider Web, Horizontal ladder, Lily-Pads, Leap of Faith, and many more!

Proudfoot: All campers go on Hikes and/or off-camp excursions like the classic climb to Eagle's Nest, the stroll to the mysterious Covered Bridge, cross-country trek to Brush Creek Park, or for Expa & Lora, the off-camp trips hiking at McConnell's Mill State Park and canoeing at Moraine State Park.

Firefly: Counselors lead their cabin group in an activity or adventure tailored to the interests of the cabin. Didn't choose a program area you wished you had? Like an activity so much you want to do it over and over? Firefly is the time to get it done!

Splash: Pool Time! There's time to visit the Kon-O-Kwee pool every afternoon.

Recharge: Stop! Put on the brakes. Write a postcard home, journal, draw, play a quiet game... you have a big night ahead of you... chill out. Just for an hour.

Hullabaloo: Big, Big Doin's! Hullabaloo is a Village-Wide or Camp-Wide Activity, often based on the week's theme.

Medicine Wheel: Evening Devotions: Medicine Wheel is a time of reflection and sharing within the confines of the cabin. Often times, roses and thorns are shared among campers as well as favorite quotes, poems, songs, stories, readings and discussions. An all-camp Medicine Wheel occurs every Sunday for all 2-week campers.

Quest: All 2-week campers go on an overnight camping experience, cooking their dinner & breakfast over an open fire and sleeping out under a blanket of stars, sung to sleep by the sounds of crickets.

Sneak-Peek

Because campers **Choose Their Own Adventure** each morning, daily schedules vary based on each camper's choices, their Village, and what day of the week it is. The schedule below is for a 10 year old camper (Sena/Fawna) on a Wednesday at Kon-O-Kwee.

7:30 a.m.	Wake Up! Wash Up!	7:30 p.m.	Hullabaloo - PARTY! Dancing, Games, TrainRides, Face Paint
8:15 a.m.	Flag Raising	8:15 p.m.	Snack
8:30 a.m.	Breakfast	9:00 p.m.	Clean Up, Quiet Down
<u>Moondance #1</u>		9:30 p.m.	Medicine Wheel - Reflection
9:30 a.m.	Climbing Wall	10:00 p.m.	Lights Out
<u>Moondance #2</u>			
10:30 a.m.	Ultimate Frisbee		
<u>Moondance #3</u>			
11:30 a.m.	Performing Arts		
12:30 p.m.	Lunch		
1:30 p.m.	Recharge		
2:30 p.m.	Splash! Pool Time		
3:45 p.m.	Ravenwing - High Ropes: Continuous & Zip Line		
5:15 p.m.	Flag Lowering		
5:30 p.m.	Dinner		
6:30 p.m.	Firefly - Trail of Courage Obstacle Course		

2011 Theme Weeks!

Many Kon-O-Kwee Campers choose their weeks based on the theme alone! Here's the exciting Lineup for 2011:

Week One: Expecto Patronum Week

Welcome all Wizards, Witches and Fairies! Prepare for a wild ride as you embark on a magical week of camp - bring your wands, robes, potions and brooms along to camp! **June 26 - July 1**

Week Two: American Pride Week

A camper favorite! One week of extreme patriotism - Lots and lots of flags, apple pie, fireworks and American pride. Bring your red, white and blue to camp with you to camp! **July 3-8**

Week Three: Shiver Me Timbers Week

Ahoy maties! All lily-livered scalywags are invited set sail for a week of pirate adventures at camp. Bring yer eye patches, parrots, swords and bandanas! **July 10-15**

Week Four: Up, Up, and Away Week

Faster than a speeding bullet, more powerful than a locomotive, able to leap tall buildings in a single bound. Look! Up in the sky! It's a bird. It's a plane. It's A Kon-O-Kwee camper! Evil doesn't stand a chance this week... remember your superhero costumes! **July 17 - 22**

Week Five: Hollywood Stars Week

Roll out the red carpet for all the stars that attend camp this week! Enjoy a week of camp in the spotlight and don't forget your fancy outfits (nothing too nice), sunglasses and fabulous hats! **July 24-29**

Week Six: Home On The Range Week

There's gold in them thar hills! Take a trip back to the Wild West and prepare for a wild ride. Bring your ten gallon hats, chaps, and badges with you to camp! **July 31- August 5**